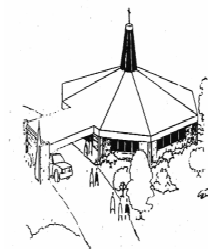


# St Benedict's Catholic Church



In the care of the Missionaries of God's Love

Corner of Sturt Ave & Jerrabomberra Ave (PO Box 55)  
Narrabundah ACT 2604

Tel: +61 (02) 6295 7879/ Parish Office

Emergency Number : (02) 6239 6772

Email: [Narrabundah@cg.org.au](mailto:Narrabundah@cg.org.au)

Website: [www.cg.org.au/narrabundah](http://www.cg.org.au/narrabundah)

## Parish Team:

Fr Dan Benedetti MGL (Parish Priest)

Fr David Lemewu MGL (Mission Centre)

Fr Rembert Fernando MGL

Deacon Luke Van Der Mark MGL

Luz Carlile (Parish Secretary) Karina Widjaja (Finance Officer)

Adrian Wellspring (Spiritual Direction & Personal Vocation)

## The Most Holy Body and Blood of Christ - Year C

22 & 23 Jun 2019

### NEW PARISH OFFICE HOURS:

**Tues – Fri 9am - 12pm**

#### **WEEKEND MASS TIMES:**

Saturday 6pm

Sunday 9am

Sunday 6pm (*Charismatic Mass*)

Sunday 6pm Youth Mass

(every last Sun of the Month)

Saturday 8am

#### **WEEKDAY MASS TIMES:**

Tuesday 5.30pm

Wednesday 12.30pm

Thursday 5.30pm

Friday 5.30pm (*Healing Mass*)

#### **RECONCILIATION:**

Friday following Healing Mass from. 6:15-7pm

Saturday 5pm – 5.30pm or by appointment

#### **PRAYER OF THE CHURCH:**

Every 3rd Friday Padre Pio 5pm

Every Saturday 7.30am

#### **ROSARY:**

Saturdays after 8.00am Mass

Thursdays – 7.00pm (during May & October)

**BAPTISMS:** during Weekend Masses or by appointment

**WEDDINGS:** By appointment

#### **ANOINTING OF THE SICK:**

During the 5.30pm Mass on first Fridays,

10.30am at Jindalee 1st Thursday of the month

10.30am at Mt View 3rd Thursday of the month

#### **EUCHARISTIC ADORATION:**

Monday 9am – 8pm

Tuesday 10am – 10pm

Wednesday 11am – 10pm

Thursday 11am – 10pm

Friday 9am – midnight

Saturday 12am – 8am

### First Holy Communion: Congratulations to our young

people who received the Sacrament of First Holy Communion this Sunday. A special congratulations to four young ones who were baptised. May they know God's love all the days of their lives and they may always find a home in the church.



God bless Fr Dan

### PLENARY 2020 UPDATE

The next of phase of the Plenary preparation has begun. In the listening phase over 15,000 submissions were received from Groups and Individuals. The themes for discernment have now been launched:

- *Missionary and Evangelising*
- *Inclusive, Participatory and Synodal*
- *Prayerful and Eucharistic*
- *Humble, Healing and Merciful*
- *A Joyful, Hope-Filled and Servant Community*
- *Open to conversion, Renewal and Reform.*

“The emergence of the National Themes for Discernment is an important moment in our journey towards the Plenary Council. It is an expression of the sense of the faith from the faithful and, from this, we can proceed in our discernment of what the Spirit is saying to us in Australia,” Council Facilitator, Ms Turvey-Collins said.

More information on the National Themes for Discernment can be found on the re-launched Plenary Council website: [www.plenarycouncil.catholic.org.au](http://www.plenarycouncil.catholic.org.au)

Local discernment opportunities will be arranged once the Plenary Council Executive release the resources. In the meantime, please look to the Plenary Council website for updates

# The Most Holy Body and Blood of Christ - Year C

22 & 23 Jun 2019

## FIRST READING: *Gen 14:18-20*

A reading from the book of Genesis

*Melchizedek brought bread and wine.*

Melchizedek king of Salem brought bread and wine; he was a priest of God Most High. He pronounced this blessing: 'Blessed be Abraham by God Most High, creator of heaven and earth, and blessed be God Most High for handing over your enemies to you.' And Abraham gave him a tithe of everything.

## RESPONSORIAL PSALM

*Ps 109:1-4. R. v.4*

(R.) You are a priest for ever, in the line of Melchizedek.

1. The Lord's revelation to my Master: 'Sit on my right: I will put your foes beneath your feet.' (R.)
2. The Lord will send from Zion your sceptre of power: rule in the midst of all your foes. (R.)
3. A prince from the day of your birth on the holy mountains; from the womb before the daybreak I begot you. (R.)
4. The Lord has sworn an oath he will not change. 'You are a priest for ever, a priest like Melchizedek of old.' (R.)

## SEQUENCE

*The sequence, Sing forth, O Zion, may be said or sung in full, or using the shorter form indicated by the asterisked verses.*

Sing forth, O Zion, sweetly sing The praises of thy Shepherd-King, In hymns and canticles divine; Dare all thou canst, thou hast no song Worthy his praises to prolong, So far surpassing powers like thine.

Today no theme of common praise Forms the sweet burden of thy lays – The living, life-dispensing food – That food which at the sacred board Unto the brethren twelve our Lord His parting legacy bestowed.

Then be the anthem clear and strong, Thy fullest note, thy sweetest song, The very music of the breast: For now shines forth the day sublime That brings remembrance of the time When Jesus first his table blessed. Within our new King's banquet-hall They meet to keep the festival That closed the ancient paschal rite: The old is by the new replaced; The substance hath the shadow chased; And rising day dispels the night. Christ willed what he himself had done Should be renewed while time should run, In memory of his parting hour: Thus, tutored in his school divine, We consecrate the bread and wine; And lo – a Host of saving power. This faith to Christian men is given – Bread is made flesh by words from heaven: Into his blood the wine is turned: What though it baffles nature's powers Of sense and sight? This faith of ours Proves more than nature e'er discerned. Concealed beneath the two-fold sign, Meet symbols of the gifts divine, There lie the mysteries adored: The living body is our food;

Our drink the ever-precious blood; In each, one undivided Lord. Not he that eateth it divides The sacred food, which whole abides Unbroken still, nor knows decay; Be one, or be a thousand fed, They eat alike that living bread Which, still received, ne'er wastes away. The good, the guilty share therein, With sure increase of grace or sin, The ghostly life, or ghostly death: Death to the guilty; to the good Immortal life. See how one food Man's joy or woe accomplisheth. We break the Sacrament; but bold And firm thy faith shall keep its hold; Deem not the whole doth more enfold Than in the fractured part resides: Deem not that Christ doth broken lie; 'Tis but the sign that meets the eye; The hidden deep reality In all its fullness still abides. \*Behold the bread of angels, sent

For pilgrims in their banishment, The bread for God's true children meant, That may not unto dogs be given: Oft in the olden types foreshowed; In Isaac on the altar bowed, And in the ancient paschal food, And in the manna sent from heaven. \*Come then, good shepherd, bread divine, Still show to us thy mercy sign; Oh, feed us still, still keep us thine; So may we see thy glories shine In fields of immortality; \*O thou, the wisest, mightiest, best,

Our present food, our future rest, Come, make us each thy chosen guest, Co-heirs of thine, and comrades blest With saints whose dwelling is with thee.

## SECOND READING

*1 Cor 11:23-26*

A reading from the first letter of St Paul to the Corinthians

*Every time you eat this bread and drink this cup, you are proclaiming the death of the Lord.*

This is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said, 'This is my body, which is for you; do this as a memorial of me.' In the same way he took the cup after supper, and said, 'This cup is the new covenant in my blood. Whenever you drink it, do this as a memorial of me.' Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming to his death.

## GOSPEL ACCLAMATION

*Jn 6:51-52*

**Alleluia, alleluia!**

**I am the living bread from heaven, says the Lord;**

**whoever eats this bread will live for ever.**

**Alleluia!**

## GOSPEL

*Lk 9:11-17*

A reading from the holy Gospel according to Luke

*They all ate and were filled.*

Jesus made the crowds welcome and talked to them about the kingdom of God; and he cured those who were in need of healing.

It was late afternoon when the Twelve came to him and said, 'Send the people away, and they can go to the villages and farms round about to find lodging and food; for we are in a lonely place here.' He replied, 'Give them something to eat yourselves.' But they said, 'We have no more than five loaves and two fish, unless we are to go ourselves and buy food for all these people.' For there were about five thousand men. But he said to his disciples, 'Get them to sit down in parties of about fifty.' They did so and made them all sit down. Then he took the five loaves and the two fish, raised his eyes to heaven, and said the blessing over them; then he broke them and handed them to his disciples to distribute among the crowd. They all ate as much as they wanted, and when the scraps remaining were collected they filled twelve baskets.



# PARISH NEWS

**PLANNED GIVING FORMS:** To help with our budget and end of financial year, please fill in and return the purple forms in the foyer so your details can be updated. If you do not update your details, we will assume no changes. Please send or drop them in to the parish office or to one of the Fathers.

**St Benedict's Parish uses Qkr! with Masterpass App:** A secure and easy way to make church donations through your mobile phone or iPad without the necessity of carrying cash. Please download from your App Store. See Brochures in the foyer or contact Parish Office for more information.

**Safeguarding Children and Vulnerable Persons WWVP Card Reminders:** If your card is due to expire in July & Aug 2019 and you have renewed, are waiting to, or have received a new card please bring the card to the Parish Office.

### Volunteers/Staff Code of Conduct:

The Archdiocese has asked all Parish employees and Volunteers to read its Code of Conduct. There is one in each Foyer of the Church and its also available on the Archdiocesan Website under Professional Standards. Copies are available from the Parish Office. There is also a Declaration for Volunteers and employees to sign and email or drop in to the Parish Office.

**Transport to Mass Roster:** Long Term member of the Charismatic Community who has been a regular at Sunday Evening Mass since the early '90s has not been able to attend in recent years because she has moved into an older persons unit in Braddon. Anyone prepared to join a roster of people who could give Georgette a lift to 6.00pm Charismatic Mass would be greatly appreciated. We do have one or two names but if we could have a few names, we could spread the load and make sure Georgette had the opportunity to attend Mass every week. Please call Bob O'Heir on 0435 203 438 if you are able to assist from time to time.

### As A Parish Let Us Pray For...

**Our Sick:** Clem Dick, John Aguis, Dorothy Lamb, Lorraine Davis, Betty O'Brien, Mathew, Noeleen Carrick, Pam Pini, Stan Marris, Flora Arias, Pat Atkins, Helen French, Carol Rees, Rhys Evans, Jindalee & Mt View residents.

**Recently Deceased & Anniversaries:** Ellen Brennan, Sr Zita Barron, William Smith, Athol Knight, Beth Moran Clare Drinkwater, Antoinette & John Martin, Tom French, Peter Knight, Sam & Nina Aguis, Ian Smith & family, Correy Browning, Heather Daly, John De Freitas, Gerry Agnew, Jim Kirkman, Barbara Jeffery, Edna Keir, Lawrence Power, Barrie Marshall, Stella Ienco, Louise Agnew, Louis Camilleri.

### NEW ROSTER COMMENCE FOR THIS WEEKEND 22 & 23 June 2019

	Sat 6 pm	Sun 9am
Welcomers	Louise Gaudry	Alma Burg
Readers	Marlene Keir Michael Slee	1st Holy Communion School
Presentation of the Gifts	Jeffery Family	1st Holy Communion School
Eucharistic Ministers	Rita Parker B Baron	1st Holy Communion School
Flowers, Altar Cleaning	Claudine Smith, Louise Gaudry & Margie Avellino	
Church Cleaners	Shruti Ruzario	
Mt View	Julie Douglas	
Jindalee	Brendan Price	

### READINGS & ROSTER FOR NEXT WEEKEND 29 & 30 June 2019

1ST READING	2ND READING	GOSPEL
<i>1 Kgs 19:16. 19-21</i>	<i>Gal 5:1. 13-18</i>	<i>Lk 9:51-62</i>
Sat 6 pm		Sun 9am
Welcomers	Anna Pace Sally Cotsell	Vacant
Readers	B A Daly Louise Gaudry	Philippe Moncuquet Coline Moncuquet
Presentation of the Gifts	Brian & Leita Barron	Maralyn & Ron Molyneux
Eucharistic Ministers	S Neimanis Mark Doverty	Vacant B Murphy
Flowers, Altar Cleaning	Claudine Smith Louise Gaudry & Margie Avellino	
Church Cleaners	Muneko Ono Zbiggy Zmurko	
Mt View	Maralyn	
Jindalee	MGL Garran	

*St Benedict's Catholic Parish acknowledge the **Ngunnawal People**, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.*